

*How are we affected by our past? How do we want to deal with it now?
How do we find our freedom? (Victor Frankl)*

Bridging Histories, Transforming Perspectives

A Berlin Seminar for Israelis and Germans

In the heart of Berlin, we invite you on a journey of personal discovery, shared dialogue, and transformative creative expression. This seminar brings Israelis and Germans together whose lives are touched by historical and present trauma. Moreover, experts in psychology and education from both countries will contribute their expertise. The idea is that everyone can benefit from the perspective of the “other”. Through the power of storytelling, creative writing and fine art we will build bridges of understanding and find artistic ways to engage with the complexities of actual events, history, memory, and identity.

What can you expect:

- Delving into shared narratives, guided by facilitators and experts in writing and art therapy.
- Experiencing historical Berlins scars and stories firsthand, and weaving them into your creative exploration.
- Engaging in workshops designed to unlock your voice through poetry, prose, and other forms of art
- Building trust and connection with fellow participants in a safe and supportive environment, forging bonds across cultural and generational divides.
- Getting impulse lectures from professionals in Art/Therapy/Education
- Sharing your own work in a culminating reading or show.

This seminar is for you if:

- You are an Israeli or German individual seeking to explore your own personal or familial connections to historical or present trauma.
- You are curious about engaging with creative writing / art as a tool for self-discovery and dialogue.
- You are open to encountering diverse perspectives and building meaningful connections with individuals from a different cultural background.

- You want to gain tools and perspective for your work in education, art, ect.

Join us in Berlin:

- **27th of October- 3rd of November 2024** (incl. arrival and departure, seminar from Mon-Fri)
- Location: private artspace Auguststraße/Berlin Mitte and seminar space nearby
- Accomodation: privately, Hostel or Hotel (recommendation: various rooms/ prices <https://www.meininger-hotels.com/de/hotels/berlin/hotel-berlin-mitte/>)
- Language: English (translation will be provided if necessary)
- Number of group members: 12-20
- Costs: trip to Berlin, accomodation/food – as we think it would be valuable to stay in the same hostel/hotel the cost will be approximately 600€ for the week (for a single room) and flight/train costs (flights for Israelis will be booked in common)

For more information and to register:

- Contact us in Germany: ppaweletz@gmx.com/ Israel: hkatsir@gmail.com

Please write us a mail telling us who you are, what brings you to this topic, sharing your thoughts and expectations

This seminar is designed to be the first part of a 2-part meeting. The second part would take place in Israel. (Dates not fixed yet)

We look forward to welcoming you to Berlin for a transformative journey!

Hanoch Katsir: Educator and activist. Israel

Barbara Stellbrink: Art therapist and activist from Berlin

Patricia Paweletz: Author, family therapist from Hamburg, Germany

